

Alternatives To Meals-On-Wheels (March 2017)

(Age Concern Canterbury Information Centre. Telephone: 0800 803 344 or 366-0903)

ORGANISATION	TEL.NO.	TYPE	COST	AREAS COVERED	TIME OF DELIVERY	OTHER
www.healthykiwidinners.co.nz Kiwi Roasts	982-4980 Fax: 9824981	Delivered hot or fresh or frozen in bulk	Small \$11.00. Medium \$14.00 (<i>suitable for older people</i>) Large \$18.00 A variety of frozen meals suitable for older people. \$10.00 Soup - Small \$3.50 Large \$7.00 Dessert \$7.00	Christchurch and other by arrangement. <i>Free delivery for orders of 10 meals or more.</i>	7 days a week by arrangement for orders of 10 or more.	Thick meat with 6 veges. Soups, desserts, sandwiches, slices, salads also available. Microwave or transfer to oven-proof container to heat in oven.
EATL8R Garry Hill Shop at: 9 Raycroft Street, Waltham Email: eatl8r@xtra.co.nz	420-0722	Fresh or choose to freeze	Soups \$ 5.00 Main meals \$11.00 Petite meals \$ 9.00 Puddings \$ 5.00	Christchurch and other by arrangement (prefer 3 meal minimum.)	\$2.00 delivery per order within Christchurch metro area. \$5.00 delivery per order outside Christchurch.	Freshly prepared, nutritious, home cooked meals. Cater for your meal needs.
The Pure Food Company 1b Francis Street, Grey Lynn Auckland 1021 www.thepurefoodco.co.nz	0800 178 733	Blended nutritional food for people with eating difficulties	Create a meal. Select a protein, add vegetables and carbohydrates. \$8.00. 14 delicious meals delivered free for \$105.00.	New Zealand wide. Arrive chilled and sealed. Store in the fridge for up to 2 months. Heat and eat.	As ordered and delivered to your door.	Texture modified foods that are delicious and nutritious. Ideal for those who have difficulty swallowing regular meals.
Meals to You - Nurse Maude Meal Service 285 Wairakei Road Bryndwr CHRISTCHURCH 8053 www.mealstoyou.co.nz	375-4200 Orders taken from 8.00am-4.00pm Mon. to Fri. Fax: 3552051	Frozen Main meals 300gm and 500gm. Desserts Soup Fresh products made on the day of delivery.	Frozen Meals Mains 300gms \$7.50 to \$8.50. Mains 500gms \$8.50 to \$9.50. Soups \$4.50. Desserts \$4.50. Fresh Products Filled Rolls \$5.00 Scones (2) \$4.00 Muffins (2) \$4.00	Can be purchased directly from shop at 285 Wairakei Rd, Christchurch. Delivery charge of \$6.50 applies within the city for orders under \$60.00. Out of town deliveries available.	Daily Mon - Fri to the nominated area on that day. Delivered between 8.00am - 4.00pm	27 different varieties available including vegetarian, pureed and gluten free options. No orders too large or small. Meals suitable for reheating in a microwave or conventional oven.

ORGANISATION	TEL.NO.	TYPE	COST	AREAS COVERED	TIME OF DELIVERY	OTHER
Eat Unlimited Good, honest meals delivered to your door. orders@eat.co.nz www.eat.co.nz	0800 328 333	Delivered fresh and keep fresh for 10 days, or freeze if you wish. Menus change each week.	Mains \$10.90. Super- size for \$13.30. Soups \$4.50 and desserts \$4.90. Home baking \$7.00.	New Zealand wide. Christchurch delivert \$16.00. Other South Island \$20.00.	Orders in by 11.00am Monday to Thursday for next day delivery.	Specials available. Talk to staff about the deals that are running.eg. 5 different meals and 5 of any soups or desserts \$70.00.