

Alternatives To Meals-On-Wheels (April 2019)

(Age Concern Canterbury Information Centre. Telephone: 0800 803 344 or 366-0903)

ORGANISATION	TEL.NO.	TYPE	COST	AREAS COVERED	TIME OF DELIVERY	OTHER
www.healthykiwidinners.co.nz Kiwi Roasts	982-4980	Delivered hot or fresh or frozen in bulk	Small \$11.00. Medium \$14.00 (<i>suitable for older people</i>) Large \$18.00 A variety of frozen meals suitable for older people. \$1.00 Soup - Large \$7.00 Dessert \$7.00	Christchurch and other by arrangement. <i>Free delivery for orders of 10 meals or more.</i>	7 days a week by arrangement for orders of 10 or more.	Thick meat with 6 veges. Soups, desserts, sandwiches, slices, salads also available. Microwave or transfer to oven-proof container to heat in oven.
EATL8R Garry Hill Shop at: 9 Raycroft Street, Waltham Email: eatl8r@xtra.co.nz	420-0722	Fresh or choose to freeze	Soups \$ 5.00 Main meals \$ 11.50 Petite meals \$ 9.50 Puddings \$ 5.00	Christchurch and other by arrangement (<i>minimum of 4 x petite or 2 x regular for delivery.</i>)	Thursdays delivery. \$2.00 for inner Christchurch. \$5.00 to Rangiora or Kaiapoi.	Freshly prepared, nutritious, home cooked meals. Cater for your meal needs.
The Pure Food Company 1b Francis Street, Grey Lynn Auckland 1021 www.thepurefoodco.co.nz	0800 178 733	Blended nutritional food for people with eating difficulties	Create a meal. Select a protein, add vegetables and carbohydrates. Price depends on selections. 14 delicious meals delivered free for \$120.00.	New Zealand wide. Arrive chilled and sealed. Store in the fridge for up to 1 months. Heat and eat.	As ordered and delivered to your door.	Texture modified foods that are delicious and nutritious. Ideal for those who have difficulty swallowing regular meals.
Eat Unlimited Good, honest meals delivered to your door. orders@eat.co.nz www.eat.co.nz	0800 328 333	Delivered fresh and keep fresh for 10 days or freeze if you wish. Menus change each week.	Mains \$11.50. Super- size for \$13.00. Soups \$4.90 and desserts \$4.95. Home baking \$7.00.	New Zealand wide. Christchurch delivery \$17.50. Other South Island \$21.50	Orders in by 11.00am, Monday to Thursday for next day delivery.	Specials available. Talk to staff about the deals that are running eg. 5 different meals and 5 of any soups or desserts \$70.00.

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Richards Real Kitchen Fresh meals made every Monday, Tuesday and Wednesday.	021 813235	Fresh and frozen meal is delivered every Monday, Tuesday and Wednesday.	Fresh Main \$14.00 Frozen Mail \$12.00 Soup \$8.00 Pudding \$8.00-\$10.00	Christchurch. Cost \$8.00.	Order by 11.00am on Monday, Tuesday and Wednesday for same day delivery.	Family meals available.
Well Food, Canterbury District Health Board Meals on Wheels are available by referral from your General Practice team or other Health Professional.	The Hillmorton Hospital on (03) 335 4443 or extension 34443 or email mealsonwheels@cdhb.health.nz	Meals are prepared daily by Hillmorton Hospital Food Services, Lincoln Hospitality and Rangiora Hospital for distribution in Christchurch, Lincoln, Kaiapoi and Rangiora.	Meals are subsidised and cost \$6.50 per meal. Clients are invoiced at the end of each month and can pay the Canterbury DHB by monthly direct credit or by an automatic payment each week/fortnight. Clients do not pay the volunteer Red Cross drivers.	Meals are distributed in Christchurch, Lincoln, Kaiapoi and Rangiora.	Meals can be arranged for three, four or five days per week, Monday to Friday, excluding weekends and Public Holidays. Meals are delivered between 11:30 am and 12:30 pm by Red Cross Volunteers.	

