



MEMBERSHIP

Age Concern Canterbury is funded by the community. Your support ensures the independence and wellbeing of older people is enhanced.

If you wish to contribute to the work and services that Age Concern Canterbury provides please complete the form below.

I would like to: (please tick one box):

- Become a member (\$20 per person, \$30 per couple)
- Become a friend (\$10 per person)
- Make a donation

Note: Members have voting rights.

I would like to subscribe to the **Keeping On** newspaper, delivered quarterly, for a cost of \$15.00. (please tick box)

I enclose: Membership Subscription	\$	_____
Keeping On Subscription	\$	_____
Donation	\$	_____
TOTAL	\$	_____

Note: Donations of \$5.00 or more can qualify for a tax credit.

Direct credit to BNZ 02-0800-0188056-000

Mr/Mrs/Miss/Ms _____

First Names: _____

Surname: _____

Date of Birth: _____

Street Address: _____

Suburb: _____

City & Postcode: _____

Phone No.: _____

Email: _____

Signed: _____

Post to The Chief Executive, Age Concern Canterbury Inc,
24 Main North Road, Papanui. Christchurch 8053.



Our Vision

To be the recognised organisation in Canterbury that connects, supports, empowers, celebrates and respects all older people in an inclusive community.

Our Mission

Age Concern Canterbury works to achieve wellbeing, rights, respect and dignity for older people.

We commit to uphold the Treaty of Waitangi/Tiriti o Waitangi, and its principles of partnership, participation and self determination.

If you wish to comment on our service you can approach the:

Chief Executive
Age Concern Canterbury
Phone: DDI (03) 331 7805 or
Email: ceo@ageconcerncan.org.nz

Age Concern Canterbury welcomes new members.
Donations greatly assist funding its services.

**24 Main North Road, Papanui,
Christchurch 8053**
Ph: (03) 366-0903, Freephone 0800 80 33 44
Email: team@ageconcerncan.org.nz
Visit: www.ageconcerncan.org.nz



Accredited Visiting Service



Visitors



Serving the needs of older people

Accredited Visiting Service (AVS)

Ko te aroha te mea nui
The greatest thing is love.

Many older people in our community are lonely and isolated as they receive few or no regular visitors. Age Concern Canterbury's Accredited Visiting Service (AVS) helps reduce this loneliness by providing friendship and companionship through a volunteer visitor, enhancing the wellbeing and quality of life of the older person.

Who is the AVS Service for?

AVS clients must be:

- * willing to be referred,
- * at risk of social isolation due to having no or very few regular visitors,
- * 65 years and over,
- * able to contribute to a mutually beneficial relationship and,
- * no longer driving.

What do AVS visitors do?

AVS visitors provide social support via regular visits of about an hour per week, share interests and activities with clients, and support them, where possible, to make other community contacts.

What AVS visitors do not do?

AVS visitors do not do personal care, housework, handle medications or finances or do regular shopping.

Make a real difference in the life of an older person and become an AVS Volunteer

Are you:

- * warm, friendly and do you enjoy a chat?
- * keen to spend time with an older person,
- * able to give about one hour per week on a regular basis,
- * respectful of confidentiality and of other cultures and ways of doing things, and
- * Ready to be part of a team and experience ongoing support and training?



Having a visitor works

Research shows that loneliness and social isolation are as bad for health as smoking and can contribute to serious health problems like heart disease and depression. Having a visitor can make a real difference to the health and happiness of an older person.

“We are the best of friends. I couldn't imagine it any other way.”

Michaela Brus, AVS Visitor.

Becoming a visitor

You need to:

- * attend an interview,
- * pass a police check and reference check,
- * complete orientation training,
- * be matched with an older person and get to know them,
- * support them to increase their social activity in their own way and at their pace,
- * provide records of your visits, and
- * regularly review with your Co-ordinator how the match is going.

What can you expect when you make a referral to the Accredited Visiting Service?

Clients will be assessed and matched with compatible visitors and matches will be regularly reviewed.

The AVS Co-ordinator will liaise with other services or agencies to address client's additional needs if required.

**Contact the Accredited Visiting
Service Co-ordinator on 366 0903**

Age Concern Canterbury works to achieve wellbeing, rights, respect and dignity for older people.